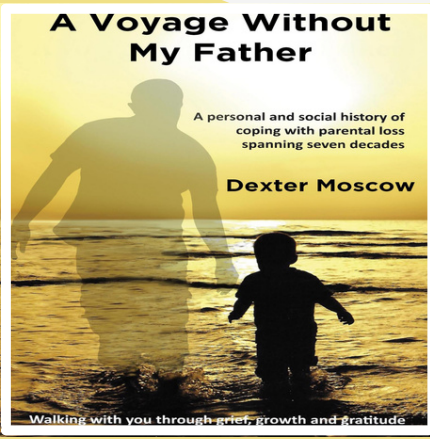


Providing a
toolkit to cope
with grief,
through
personal
experience of
loss and hope.

Dexter Moscow

AUTHOR



PRESS RELEASE

**DEXTER MOSCOW
AUTHOR**

About Dexter Moscow

Dexter Moscow is an author from London, England.

Dexter grew up without his father, and has spent the last seven decades processing all that this means. Now, equipped with a toolkit gained from years of experience, he hopes to share his coping strategies and techniques with others who have faced similar hardship.

Overview

'A Voyage Without My Father' follows the author's life as he navigates from childhood to adulthood, without his parent.

Dexter writes: 'It's a mental health issue. I am compelled to highlight the traumas I experienced and offer their life lessons, processes and strategies that have helped me overcome the personal pain and regret of losing a loved one'.

Inside The Book

Dexter chose to create this moving and ultimately uplifting book, in order to help those who have been in a similar situation. And now, because of the Covid pandemic, he knows it is a crucial time for resources to help with grieving.

Hope For 'A Voyage Without My Father'

Dexter hopes that by sharing his loss, pain and hope, he will be able to assist others in their struggles after losing a loved one. He writes: 'My journey has provided tools to cope with these experiences and emotions,' and he hopes to share this with anyone in need.

[DOWNLOAD YOUR FREE MEDIA COPY OF THE AUDIOBOOK HERE](#)
[WATCH AN INTERVIEW WITH THE AUTHOR ABOUT THE AUDIOBOOK HERE](#)

'A Voyage Without My Father' was produced and published by leading audiobook creators Monkeynut Audiobooks. The author and publisher are both available for interviews.

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